

# All About Zentangles

The *Zentangle* Method is an easy-to-learn, relaxing, and fun way to create beautiful images by drawing structured patterns. You will practice using lines, shapes and patterns for this assignment. Line and Shape are two critical Elements of Art and are a part of all drawings.

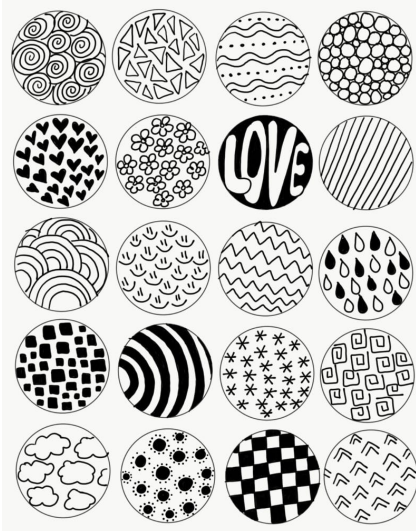
**Part 1:** Using whatever materials you have at home, Create a page of Doodles!

Look up “*Zentangles*,” and fill a page with at least 7 different kinds of line patterns and designs. Google or Pinterest will have tons of patterns!



1. Grab your piece of paper and a pencil.
2. Drawing lines across the page will create section for your patterns.
3. Google “Zentangle Patterns” and choose a design you like or think you can do.
4. Begin drawing different patterns within the sections.
5. Zentangle is a lighthearted way to relax and

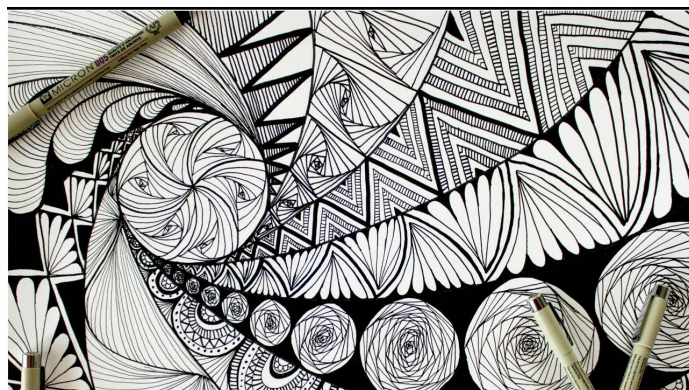
unwind from the stress of the day. Allow yourself to go with the flow and focus in on the patterns you are drawing!



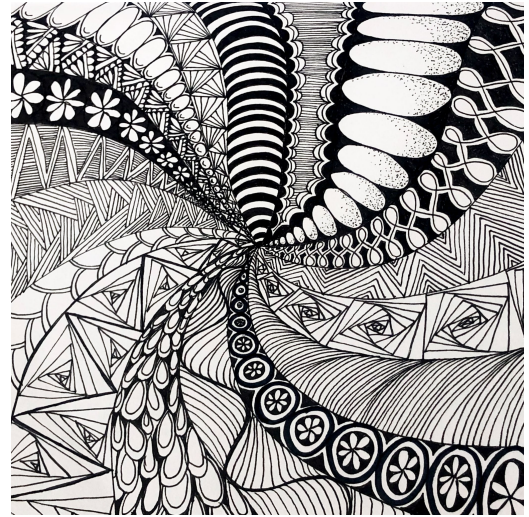
**Part 2:** Take 1 photo of your drawing, and send it to me through REMIND or my school email @

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**BE SURE TO INCLUDE YOUR NAME AND CLASS PERIOD IN THE EMAIL!!!**



## Examples:



### TIPS:

- Make sure that you are looking at patterns. You can make some up but it is good to see what kinds of designs are out there.
- Some people like to start in pencil, some go straight to marker. You decide.
- If you want to add color, it's your choice. Black and White is typical Zentangle style.
- When taking your photo, find good lighting and zoom in.